



Alliance for Substance Abuse Prevention



# *“Looking For A Way Out”*

*A Guide to Addiction Treatment  
And Education Resources  
In Trumbull County & the Surrounding Area*

This publication was produced by the Trumbull County Mental Health and Recovery Board and the Alliance for Substance Abuse Prevention (ASAP) Opiate Task Force. This guide to resources in Trumbull County is for individuals seeking help with substance abuse and addiction. You may be looking for help yourself or for a friend or family member. We hope this information will open some doors to finding help. Addiction is a complex and crippling condition. The needs are many, but the number of places to turn is growing and changing. Please directly contact agencies listed in this guide for the most current information.

Please Note:

These listings are not intended as recommendation of specific agencies nor can this be considered a complete list of resources. It is an evolving field and we hope to be able to update this informational guide periodically.

**IF YOU NEED HELP NOW FOR A DRUG CRISES OR**  
**MENTAL HEALTH ISSUE**  
**24/7 CRISIS AND REFERRAL SERVICES**

***Coleman Access Center***

Provides 24-hour services for individuals experiencing emotional crisis. Services include consultation and referral, support and emergency mental health and substance abuse assessments. Emergency assessments are available at the Coleman Access Center or the local hospital emergency department. Anybody looking for detox, regardless of ability to pay, should start here.

552 N. Park Ave.

Warren, OH 44481

(330) 392-1100

[www.colemanservices.org](http://www.colemanservices.org)

***THE HUB FOR TREATMENT IN TRUMBULL COUNTY*****Trumbull County Mental Health and Recovery Board**

The mission of the board is to improve the well-being of our community by establishing and maintaining an effective, efficient and quality system of alcohol, drug and mental health services in Trumbull County. The board supports recovery by providing funding to agencies for education, treatment, prevention and support services. The board collaborates with many agencies and coordinates needed services.

4076 Youngstown Rd., Suite 201

Warren, OH 44484

(330) 675-2765

(330) 675-2772 fax

[www.TrumbullMHRB.org](http://www.TrumbullMHRB.org)

**DRUG FREE COMMUNITY COALITION*****Alliance for Substance Abuse Prevention (ASAP)***

ASAP is a community project of the Trumbull County Mental Health and Recovery Board. The coalition engages in strategic partnerships to solve our community's substance abuse problems. The ASAP coalition was originally organized as a response to the underage alcohol use problem in Trumbull County. The coalition served as the catalyst behind the countywide "Parents Who Host Lose The Most" campaign. As members of the coalition became aware of the opiate epidemic in our County, they decided to tackle the issue and the ASAP Opiate Task Force was formed. The Task Force meets monthly and focuses on education, addressing high rates of drug related crimes, providing community education, and leading community wide change. Call for information on how to get involved. Like us on Facebook.

***Alliance for Substance Abuse Prevention (ASAP)***

4076 Youngstown Rd., Suite 201

Warren, OH 44484

(330) 675-2765, ext. 119

(330) 675-2772 fax

[www.TrumbullMHRB.org](http://www.TrumbullMHRB.org)

## **WALK-IN HOURS**

Many times the desire to stop drinking, or using drugs, comes on suddenly and requires immediate attention. There are a number of agencies in Trumbull County that offer drug and alcohol assessments without an appointment. During a drug and alcohol assessment, questions will be asked to determine whether or not a person has a drug or alcohol problem. The findings of the assessment will be used to connect the individual with the most appropriate level of treatment. Assessments are provided on a first come, first served basis at the following agencies:

### ***Coleman Professional Services***

103 W. Market St.  
1<sup>st</sup> Floor  
Warren  
Monday - Friday: 12:00 pm – 3:00pm  
Please arrive at 11:00am to complete paperwork

### ***Compass Family & Community Services***

320 High St. NE  
Warren  
(330) 394-9090  
Monday - Friday: 9:00am-4:00pm

### ***Meridian HealthCare***

320 High St.  
Warren  
(330) 318-3871  
Monday- Friday: 8:00am-12:00pm

### ***Valley Counseling Services***

150 East Market St.  
Warren  
(330) 399-6451  
Monday - Friday: 8:30am- 4:30pm

## **OVERDOSE EDUCATION AND NALOXONE DISTRIBUTION**

### ***Project DAWN of Trumbull County***

A **completely free** community-based drug overdose education and Naloxone distribution program. Participants receive education on recognizing the signs and symptoms of an overdose, distinguishing between different types of overdose, performing rescue breathing, calling emergency medical services, and administering intranasal Naloxone. All participants receive 2 vials of Naloxone in a Project DAWN kit. ***Naloxone is used to reverse opiate overdoses. There is no cost to receive a Project DAWN kit.***

### ***Trumbull County Combined Health District***

176 Chestnut Ave. NE  
Warren, OH 44483  
(330)-675-2590, Option #3  
[www.tcbh.org](http://www.tcbh.org)

**RESIDENTIAL TREATMENT (REHAB)**

When people think of drug treatment or “rehab,” they often think of residential treatment. The patient is required to live at the facility for perhaps 1-3 months, or sometimes longer. Without outside distractions, the individual is free to concentrate more fully on recovery.

Access to an inpatient program can depend on insurance coverage, or the ability to pay. Some programs are publicly funded but admission may be based on referral from other agencies and waiting lists are often long. Unfortunately, the need for these services is far greater than their availability. Because waiting lists may be long, outpatient counseling or some other supportive plan is advisable while waiting.

***First Step Recovery***

(Detox facility and extended stay)  
2737 Youngstown Road, S.E.  
Warren, OH 44484  
(330) 369-8022  
[www.FirstStepRecovery.net](http://www.FirstStepRecovery.net)

***Neil Kennedy Recovery Centers***

(Detox facility and extended stay)  
2151 Rush Blvd.  
Youngstown, OH 44507  
(330) 744-1181  
[www.nkrc.org](http://www.nkrc.org)

***Glenbeigh***

(Detox facility and extended stay)  
2863 State Route 45  
Rock Creek, OH 44084  
(800) 234-1001  
[www.Glenbeigh.com](http://www.Glenbeigh.com)

***New Day Recovery***

(Detox facility only)  
920-960 Boardman Canfield Rd  
Boardman, Ohio 44512  
(330) 953-3300  
[www.ndrtoday.com](http://www.ndrtoday.com)

***Meridian HealthCare***

(Inpatient treatment only)  
550 West Chalmers Ave  
Youngstown, OH 44511  
(330) 797-0070  
[www.meridianhealthcare.net](http://www.meridianhealthcare.net)

***Windsor Laurelwood Center for Behavioral Medicine***

(Detox facility and limited stay)  
35900 Euclid Avenue  
Willoughby, OH 44094  
(440) 953-3000  
[www.windsorlaurelwood.com](http://www.windsorlaurelwood.com)

**Also**

There are additional residential treatment centers in the surrounding area. Insurance coverage varies so check with your insurer to help determine your options.

**OUTPATIENT TREATMENT**

Outpatient therapy for addiction or substance abuse is offered through a number of agencies in Trumbull County. Outpatient treatment allows the client to continue living at home and includes individual or group counseling and medication assisted treatment. The length of time in treatment depends on the client's needs. Agencies offering outpatient therapy include:

***Compass Family & Community Services***

320 High St.  
Warren, OH 44481  
(330) 394-9090  
[www.compassfamily.org](http://www.compassfamily.org)

***Falls Family Care***

(Offers Suboxone & Vivitrol)  
175 East Broad Street  
Newton Falls, OH 44444  
(330) 872-2010  
[www.onehealthohio.org](http://www.onehealthohio.org)

***First Step Recovery***

2737 Youngstown Road, SE  
Warren, OH 44484  
(330)369-8022  
[www.FirstStepRecovery.net](http://www.FirstStepRecovery.net)

***Glenbeigh***

29 North Rd.  
Niles, OH 44446  
(330) 652-6770  
[www.Glenbeigh.com](http://www.Glenbeigh.com)

***Lloyd McCoy Community Health Center***

(Offers Suboxone & Vivitrol)  
1977 Niles Road SE  
Warren, OH 44484  
(330) 393-6446  
[www.onehealthohio.org](http://www.onehealthohio.org)

***Meridian HealthCare***

(Offers Methadone, Suboxone & Vivitrol)  
320 High Street  
Warren, OH 44481  
(330) 318-3871  
[www.meridianhealthcare.net](http://www.meridianhealthcare.net)

***New Start Treatment Center for Chemical Dependency***

1296 Tod Place #205  
Warren, OH 44485  
(330) 306-5010  
[www.mercy.com](http://www.mercy.com)

***Travco Behavioral Health (an affiliate of First Step Recovery)***

(Offers Suboxone & Vivitrol)  
311 Niles Cortland Rd NE  
Warren, OH 44484  
(330) 286-0050

***Valley Counseling Services***

(Offers Vivitrol)  
150 E. Market Street  
Warren, OH 44481  
(330) 399-6451  
[www.vcsinc.org](http://www.vcsinc.org)

***Warren West Community Health Center***

(Offers Vivitrol)  
716 Tod Avenue  
Warren, OH 44485  
(330) 373-0222  
[www.onehealthohio.org](http://www.onehealthohio.org)

## **RECOVERY HOUSES/SOBER LIVING ENVIRONMENTS**

Sober Housing is one of the fastest growing components of the “Recovery Model” continuum of services. Living with like-minded people can be a great boost to maintaining sobriety. Recovery houses do not provide drug or alcohol treatment. Listed below are local housing providers.

### ***First Step Recovery***

#### ***Wellspring 1 & 2 -Men’s Recovery Housing***

#### ***Trumbull House -Women’s Recovery***

#### ***Housing***

(330) 389-0127

### ***Foster Living LLC -Men’s Recovery Housing***

Warren, OH

(330) 330-3264

### ***Glenbeigh -Men’s Recovery Housing***

29 North Rd.

Niles, OH 44446

(330) 652-6770

[www.Glenbeigh.com](http://www.Glenbeigh.com)

### ***Keys 2 A 2<sup>nd</sup> Chance, LLC –Women’s Recovery Housing***

(330) 506-6035

[www.keys2a2ndchance.com](http://www.keys2a2ndchance.com)

E-mail: [keys2a2ndchance@gmail.com](mailto:keys2a2ndchance@gmail.com)

### ***Park Place Recovery Residence -Men’s Recovery Housing***

Warren, Ohio

(330) 307-4575

### ***Parkwood Place-Women’s Recovery Housing***

1917 Parkwood Dr. NW

Warren, Ohio 44485

(330) 502-8875

### ***Robbins House LLC – Women’s Recovery Housing***

Niles, Ohio

(330) 980-8845 or (330) 369-9439

### ***Doc’s Place***

#### ***Gelbman House***

#### ***The Woman to Woman Boarding House Vision House***

#### ***Men’s & Women’s Recovery Housing***

Neil Kennedy Recovery Centers

(330) 744-1181

[www.NKRC.org](http://www.NKRC.org)

For more information on recovery housing visit [www.recoveryhousing.org](http://www.recoveryhousing.org)

## **RECOVERY SUPPORT**

Support and self-education are important components of treating addiction and preventing relapse. It is important to seek out helpful resources and use them. Recovery is an ongoing process. Supportive groups are valuable for the recovering addict and for family members and loved ones. Check with local offices or group websites to find meetings convenient for you.

### ***Alcoholics Anonymous***

Youngstown Area Intergroup

(330) 270-3000

A list of local meetings can be found at: [www.aayaig.com](http://www.aayaig.com)

***Celebrate Recovery***

Grace Fellowship Church  
2150 Niles Cortland Road SE  
Warren, OH 44484

Phone (330) 505-1155

Email: [celebraterecovery@gracelives.com](mailto:celebraterecovery@gracelives.com); [www.gracelives.com/celebrate-recovery](http://www.gracelives.com/celebrate-recovery)

Meeting Day/Time: Mondays at 6 p.m.

***Help Network of Northeast Ohio***

Provides non-emergency information and referral services for Mahoning, Trumbull and Columbiana Counties. Also provides basic information and referral for surrounding areas, state and national resources. Staff is trained in crisis intervention, suicide prevention and supportive listening.

Call 211

(330) 393-1565

(330) 747-2696

[www.helpnetworkneo.org](http://www.helpnetworkneo.org) - Free online database

***Narcotics Anonymous (NA)*** – Buckeye Regional

Provides information on local narcotics anonymous support groups within caller’s area; if an addict in crisis calls this line, they can take the first name and phone number of the caller and have a person in recovery call them back. Calls are answered 24 hours/7 days week.

Local meetings are listed at: [www.nabuckeye.org/Meetings.html](http://www.nabuckeye.org/Meetings.html)

(888) 438-4673

***Narcotics Anonymous*** – Western Reserve Area

(330) 678-7564

24 Hour Helpline: (888) 438-4673

[www.wrascna.org](http://www.wrascna.org)

**Recovery Coaches**

A Recovery Coach is a person who links the newly recovering person to the recovering community, and serves as a personal guide and mentor. Coaches are not therapists and do not offer counseling, therapy or any other clinical services. They are peers who assist people on the path from a life of addiction to a life in recovery. Coaches have personal experience in navigating this path and will offer “insider” knowledge. They help individuals in recovery address areas of their lives that have been negatively impacted by addiction, including housing, education and employment.

***Meridian HealthCare***

527 N. Meridian Rd  
Youngstown, OH 44509

(330) 797-0070

[www.meridianhealthcare.net](http://www.meridianhealthcare.net)

***Neil Kennedy Recovery Centers***

5211 Mahoning Ave. Suite 370  
Austintown, OH 44515

(330) 744-1181

[www.nkrc.org](http://www.nkrc.org)



## **RECOVERY SUPPORT FOR FAMILIES**

Recovery supports are important for families, whether you have concerns about yourself or need to speak to someone about your relationship with a person with addictive behaviors. “Addiction is a family disease” and its effects are widespread.

### ***Nar Anon Family Groups***

(800) 477-6291

[www.nar-anon.org](http://www.nar-anon.org)

### ***Ohio CAN***

Ohio CAN brings the family voice to addiction and recovery. We are a 501c3 non-profit organization that focuses on providing support, education and advocacy for our families, friends, neighbors and communities impacted by the disease of addiction.

(330) 717-9241

[OhioWeCan4@gmail.com](mailto:OhioWeCan4@gmail.com)

### ***The Sahara Club II***

The Sahara Club II is a sober club that provides education, fellowship, support and recreational services to individuals and their families who are interested in a life that is sober and free of chemical dependence.

2345 Youngstown Road

Warren, OH 44484

(330) 306-5191 or [SaharaClub2@gmail.com](mailto:SaharaClub2@gmail.com)

### ***Solace of the Valley***

Solace members seek to end the crisis of drug addiction in their communities. We provide support to individuals and families affected by addiction, advocating for policy changes and mobilizing other communities to enact their own changes. Solace is an action group, not a recovery group. Solace members are encouraged to be visible in the war on addiction, working within the legal boundaries to enact positive changes to the current climate of laws and penalties to diminish the effects of addiction on our loved ones.

[www.SolaceoftheValley.org](http://www.SolaceoftheValley.org)

## **SPECIAL POPULATIONS**

Every addict has their own unique story and every addict has something in common with other addicts. There are certain populations that may benefit from specialized treatment and there are agencies and programs designed to serve them in unique ways. This is not an exclusive list of agencies offering specialized support. Included are some of those emphasizing service to these groups.

## **ADOLESCENTS**

### ***Compass Family & Community Services***

Family Court Treatment Services are designed to educate teens with first-time non-violent drug and alcohol offenses as a diversion from Juvenile Court.

320 High St. NE

Warren, OH 44481(330) 394-9090

[www.compassfamily.org](http://www.compassfamily.org)

### ***Meridian HealthCare***

Provides youth and young adults with low intensity group drug and alcohol treatment, individualized alcohol and other drugs (AOD) and/or mental health outpatient treatment, and an intensive group program for AOD needs. We also provide outpatient mental health only services in our main office and in some school settings.

527 N. Meridian Rd.

Youngstown, OH 44509

(330) 797-0070

[www.meridianhealthcare.net](http://www.meridianhealthcare.net)

### ***Windsor Laurelwood Center for Behavioral Medicine***

Windsor Laurelwood provides inpatient and outpatient services to assist children and adolescents ages 6-18 with primary mental health diagnosis and/or substance abuse disorders.

(440) 953-3000

[www.windsorlaurelwood.com](http://www.windsorlaurelwood.com)

## **FAMILY PROGRAM**

### ***Compass Family & Community Services***

Parenting classes to assist parents of children of all ages in the development of positive and effective parenting skills. Violence Intervention & Prevention Services to aid individuals and families in maintaining non-violent lifestyles.

320 High St NE

Warren, OH 44481

(330) 394-9090

[www.compassfamily.org](http://www.compassfamily.org)

### ***Meridian HealthCare***

The Meridian Family Program consists of consultations, educational group topics, and individual family counseling. The Family Program is tailored to assist clients and their loved ones in improving relationship development while providing information on the disease of addiction. The Family Program is available to all clients and their loved ones, sponsors or members of their primary support group.

527 N. Meridian Rd

Youngstown, OH 44509

(330) 797-0070

[www.meridianhealthcare.net](http://www.meridianhealthcare.net)

***Neil Kennedy Recovery Centers***

Family programming at Neil Kennedy Recovery Centers is open to family members, loved ones, close friends, partners or anyone that is supportive of a client's recovery and is affected by their substance abuse. We educate, support, engage, and provide hope for those who are affected by and can affect a person's recovery. Weekly Family Programming is offered at all three of our sites.

(330) 744-1181

[www.NKRC.org](http://www.NKRC.org)

**WOMEN*****Compass Family & Community Services***

Women's Specialized Treatment Services focus on the needs of women, including supportive group services that address alcohol/drug, co-dependency and victim issues.

320 High St. NE

Warren, OH 44481

(330) 394-9090

[www.compassfamily.org](http://www.compassfamily.org)

***Glenbeigh Rock Creek***

Glenbeigh offers special facilities and services for women in inpatient treatment and extended residential care including housing in a separate wing of the hospital. Female therapists and all female counseling groups provide the opportunity to gain support from other women in order to deal with sensitive issues and begin the healing process.

PO Box 298

2863 State Route 45

Rock Creek, OH 44084

(800) 234-1001

[www.glenbeigh.com](http://www.glenbeigh.com)

***Meridian HealthCare***

Meridian Women's programs offer a comprehensive continuum of care for women to help them address their drug and/or alcohol issues in a safe and supportive environment. The program focuses on addressing issues unique to women, including dealing with complex trauma, building healthy relationships and balancing family responsibilities. Meridian offers residential, day treatment with supportive housing, and outpatient services to meet the needs of women.

527 N. Meridian Rd

Youngstown, OH 44509

(330) 797-0070

[www.meridianhealthcare.net](http://www.meridianhealthcare.net)

***Neil Kennedy Recovery Centers***

The Woman to Woman Program includes residential rehabilitation, partial hospitalization, intensive outpatient, and continuing care as well as early intervention, outreach and referral for women and their children.

The Woman to Woman boarding house provides a safe, supportive place for women to live while they are gaining the skills necessary for ongoing recovery. Women living at the house participate in intensive treatment at the Youngstown site from 8am to 8pm daily. A typical stay is approximately four weeks.

(330) 744-1181

[www.NKRC.org](http://www.NKRC.org)

**TREATMENT FOR LICENSED PROFESSIONALS**

Addiction is a disease that affects all people and does not discriminate by race, class or profession. Addiction is particularly destructive for skilled and licensed professionals due to the demands and expectations of their work.

***Glenbeigh Rock Creek***

The consequences of addiction experienced by professionals are a primary focus of this specialty group. Patients work on developing a healthy recovery program within their professional role and address the requirements mandated by their respective licensure and monitoring boards. Glenbeigh is an approved provider with most professional boards.

PO Box 298

2863 State Route 45

Rock Creek, OH 44084

(800) 234-1001

[www.glenbeigh.com](http://www.glenbeigh.com)

***Glenbeigh Outpatient Center of Niles***

Caduceus meetings for medical professionals in recovery

29 North Road

Niles, OH 44446

(330) 652-6770

[www.glenbeigh.com](http://www.glenbeigh.com)

**DUAL DIAGNOSIS**

Dual-diagnosed patients have been diagnosed with both a mental health and substance use disorder. Those with co-occurring disorders face complex challenges. They have increased rates of relapse, hospitalization, homelessness, and HIV and Hepatitis C infection compared to those with either mental or substance use disorders alone.

***Compass Family & Community Services***

For individuals with a substance abuse disorder compounded by another mental health diagnosis.

320 High St. NE  
Warren, OH 44481  
(330) 394-9090

[www.compassfamily.org](http://www.compassfamily.org)

***Glenbeigh***

Dually-diagnosed patients participate in specialized groups designed to promote positive self-image and help the patients understand their mental and emotional disorders and how they influence recovery.

PO Box 298  
2863 State Route 45  
Rock Creek, OH 44084  
(800) 234-1001

[www.glenbeigh.com](http://www.glenbeigh.com)

***Meridian HealthCare***

Meridian's Co-Occurring Treatment Program is an outpatient program designed to help adults who are dealing with substance use and mental health issues at the same time. We have counselors on staff with specialized degrees and training that allow us to address both problem areas at the same time. Treatment services combine medical, counseling, case management, education and social intervention to address the needs of clients and their family members.

527 N. Meridian Rd  
Youngstown, OH 44509  
(330) 797-0070

[www.meridianhealthcare.net](http://www.meridianhealthcare.net)

**TOBACCO CESSATION TREATMENT**

***Baby and Me Tobacco Free***

This is a smoking cessation program that uses support tools specific to pregnant women. Participants attend 4 prenatal quit smoking sessions and agree to take a monthly breathe test. Participants that remain tobacco free after the baby is born, receive a monthly voucher for free diapers for up to 1 year.

***Trumbull County Combined Health District***

176 Chestnut Ave. NE  
Warren, OH 44483  
(330) 675-2590, Option #3

[www.tcbh.org](http://www.tcbh.org)

***Mercy Health***

***New Start Treatment Center for Chemical Dependency***

Those seeking help for substance use disorders smoke cigarettes or use tobacco products at a rate that is 3-4 times the average population. Programs at St Joseph Hospital Warren/New Start Treatment Center & the Regional Tobacco Treatment Center treat both addictions simultaneously or one after the other. It is a grant funded program with no out of pocket costs to the participant. This includes both behavioral counseling provided by a licensed chemical dependency counselor/certified tobacco treatment specialist and 6 weeks of prescription and/or over the counter medication.

1296 Tod Place #205

Warren, OH 44485

(330) 306-5010

[www.mercy.com](http://www.mercy.com)