TRUMBULL COUNTY
Mental Health and Recovery Board

Benefits Plan Handbook of
Mental Health and Recovery Services

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Treatment Works….People Recover

Mission Statement

The mission of the Trumbull County Mental Health and Recovery Board is to improve the well-being of our community by establishing and maintaining an effective, efficient and quality system of alcohol, drug and mental health services in Trumbull County.

Vision Statement

Trumbull County residents will have access to the most progressive mental health and addiction treatment and prevention services available. Based on our core values....

- We believe that mental illness and drug dependency are treatable diseases.
- We believe treatment works and people can recover from mental illness and drug dependency.
- We work to build a system of care that has the best services, is recipient-driven and encourages people to participate in their own care.
- We fund services based on performance measures and outcomes.
- We promote cooperation between the Trumbull County Mental Health and Recovery Board, the community and provider agencies.
- We advocate for consumers and support service accountability.

Introduction

The Trumbull County Mental Health and Recovery Board (TCMHRB) oversees and pays for mental health and recovery services for local residents based upon need. The TCMHRB receives its funding from state and federal sources as well as revenue generated from a 10 year, 1 mil levy passed by the residents of Trumbull County. The TCMHRB uses these funds to purchase mental health and addiction services and programs. These behavioral health programs are available to Trumbull County residents through a network of provider agencies. Together they provide a comprehensive, recovery based continuum of services that can address most behavioral health and addiction issues. Services are available to all county residents at a cost based on an individual's ability to pay.

Trumbull County Mental Health and Recovery Board Benefit Plan

The TCMHRB administers a Benefit Plan, which operates similarly to a private insurance plan. The plan uses public funded dollars to reimburse providers/agencies that have provided mental health and addiction services to individuals who either do not have private insurance or have demonstrated an inability to pay for such services. An individual is not required to accept specific services in order to be eligible for the benefit plan.

Enrollment

Enrollment in the Benefit Plan requires that an individual be a resident of Trumbull County. Non-residents may receive services in a crisis situation.

When seeking services at a contracted agency, you will be requested to sign an authorization statement that allows the agency to bill the TCMHRB for funds to help pay for your services. Financial assistance is offered based on residency, the specific services needed and your financial status.

Individuals are not required to enroll in the Benefit Plan; however, failure to enroll could result in you being billed for services regardless of ability to pay.

Services

The Provider agencies of Trumbull County offer responsive, quality behavioral health and addiction services that are culturally competent. Services that can be accessed include: Crisis Intervention, Diagnostic Assessment, Community Support, Detoxification, Medication Assisted Treatment, Individual Outpatient Counseling, Psychiatric Services, Group Counseling, Psychiatric Medication, Prevention Education, Guardianship, Payeeship, Vocational and Forensic Services.

A licensed professional will conduct a thorough assessment to determine services for which you may be eligible. Each agency has specific admission criteria, so you must contact the agency from which you would like to receive services to discuss your circumstances. Your opportunity for a successful treatment outcome increases with your active participation in the treatment planning process.

Confidentiality

The TCMHRB and service providers must comply with state and federal laws regarding confidentiality. The TCMHRB's confidentiality and Privacy Practices are described in the "Notice of Privacy Practices" given to you at the time of your assessment. The notice describes your rights regarding health information and how the TCMHRB and the agency may use or disclose your personal information. Your personal information will be kept confidential unless you or your legal guardian authorizes its release or in instances when state and federal law permits its release. For children under age 14, a parent or legal guardian must consent to services and authorize the release of any information*.

Client Rights

Each service provider will give a copy of its client rights policy and grievance procedure to every person who requests services. If at any time you feel your rights have been violated, follow in order the suggested steps below:

- Talk openly about your issue with your counselor, case manager, or other behavioral health professional. Honest communication can often resolve many problems.

- Request to speak with the professional's supervisor.
- Contact the agencies' client rights officer. This individual can assist you in rectifying the problem.
- Call the TCMHRB's Clients' Rights Officer at 330-675-2765 Ext. 117.
- Contact the Client Rights Officer at the Ohio Department of Behavioral Health at 614-466-2333.

*State law permits children 14 or older to consent to limited treatment

For more information about the Trumbull County Mental Health and Recovery Board and the contracted agencies, please visit our website at www.trumbullmhrb.org