



Do you know someone at Risk?

Addiction can be influenced by many factors.

Top 5 factors for risk of addiction:

1. Genetics

If you have a family member who has experienced addiction, you are more likely to experience it too.

2. Mental Health

Someone with depression, ADHD, anxiety or post traumatic stress disorder is more likely to use drugs in an attempt to self-medicate.

3. Peer Pressure

Kids, commonly teens, may feel the need to be socially accepted by their peers and go along with trying drugs in order to fit in.

4. Stress

Poor coping skills can lead to drug misuse in order to escape from being able to handle day to day stress.

5. Environment

Unhealthy living situations, family conflict, or events such as death, divorce or losing a job can lead to using drugs as a coping mechanism.



Alliance for Substance Abuse Prevention

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Share what you know about risk with others you care about.