



TRUMBULL COUNTY
Mental Health and Recovery Board

Board Meeting Minutes
March 19, 2024 4:30 PM

Members Present: Carol Henderson, Charles Baldwin, Rachel Nader, Lance Grahn, Julia Wike, Tom Harwood, Laura Green, Louise Kline, John Hugley, Virginia Cluse, Teri Lacey, Larry Pavone, Laurie Perry, Kevin Stringer, Deborah Tominey

Members Absent: Maria Placanica*, Carl Clark

Staff Present: April Caraway, Carie Garris, John Myers, Carol Holmes-Chambers, Katie Cretella, Patty Shepherd, Zackary Gran, Valdeoso Patterson, Lauren Thorp

Guests Present: Cindy O’Keefe* of First Step Recovery, Vince Brancaccio* of Help Network, Joe Shorokey* of Alta Behavioral Health, Catherine Chudakoff* of Coleman Health Services, Joe Caruso* of Compass Family & Community Services, James Perry, Hope Haney of NAMI, Adria Rovnyak* of Glenbeigh

***Denotes Virtual Attendees**

Preliminary

1. President Carol Henderson called the meeting to order at 4:30 PM.
2. Pledge of Allegiance.
3. Secretary Louise Kline called the roll of members and certified that a quorum was present. President Carol Henderson recognized staff and guests.
4. Tom Harwood made a motion, seconded by Kevin Stringer, to approve the February 20, 2024 Board meeting minutes. The motion passed unanimously.

Report from the Executive Director

1. State Update – ED Caraway gave an update on the OneOhio Foundation/Region 7 Committee. An information meeting was held last night, and ED Caraway interviewed with The Vindicator. Approximately 60 people attended, including agency directors, MC sheriff’s office and the Mahoning County Commissioners. At the meeting, OneOhio Foundation ED Alisha Nelson shared about the application process, abatement strategies and funding available. Linda Spies, who is on the committee as a parent representative, shared about substance use experienced by her son. ED Caraway and AD Thorp are application reviewers for the grant along with several other committee members. New, innovative ideas to combat the opiate crisis are encouraged and the funding will be available for 18 years. ED Caraway also shared that the Lake/Trumbull pharmacy lawsuit is still in appeals with oral arguments occurring at the Ohio Supreme Court on March 26, 2024. She has been asked by the attorneys to attend as a plaintiff.

2. Local Update – ED Caraway shared an update on Steward Hospital/Trumbull Regional Medical Group. The BH Units are still open although they close at times due to staffing issues. According to the Tribune, Steward is vetting potential buyers.
ED Caraway shared that a meeting occurred today about the Pine Crisis Center with John Wilson, Consultant, and fiscal staff, to transition the project to Special Projects Accountant, Zackary Gran. Tomorrow is the biweekly meeting with the architects, Coleman, and OhioMHAS capital grant office. The bid notification goes out by the end of March and a bidders’ conference will be held April 16th in the board conference room at 2:00 pm. If the project stays on track, the projected ribbon cutting will be in December 2024.
Next, ED Caraway shared the positive client letter received, included in the packet, about Travco’s Neuro Star Treatment program. She invited Travco Director, Cindy O’Keefe, to share a little about the program and its benefits. Director O’Keefe shared they have seen positive results with the Transcranial Magnetic Stimulation program for people with chronic depression. Board funds help cover costs for people with limited insurance coverage. O’Keefe shared that 12 program clients graduated from the program just 2 months ago.
ED Caraway then explained the TCMHRB Levy renewal, which we are requesting to be placed on the November 2024 ballot. She stated that the levies for the Trumbull County Board of Developmental Disabilities, Children Services and the TCMHRB are renewal levies. The plan is to do separate campaigns but possibly do joint buying of television advertising to save on costs. There was some discussion about the ballot language of the levy and whether some of it should be changed for clarity, but ED Caraway explained that the language that is used for a renewal has to match what was on the ballot in past years.
3. Finance Reports – Patty Shepherd, CPA reviewed the February 2024 unaudited Revenue and Expenditure Reports. Shepherd pointed out that the total expenditures exceeded the budgeted revenue, but that will adjust once the board receives the next levy disbursement. Shepherd stated that there will be a budget and finance committee meeting on March 27th at 4:00 PM. At this meeting, they will discuss line items that have come close to or have exceeded their allocations and adjustments will be recommended. After the review, Shepherd asked if anyone had any questions. Shepherd then shared the Five-year profit and loss forecast. The report includes levy changes, as the state sets the effective rate based on property valuation submitted by the county, so this gives slight variations to the levy amount each year. We will be in a deficit budget by 2027-2028 if we continue to spend at the rate we are now without increasing revenues. Shepherd stated that we have been doing well on moving money out of reserves and into the community.

Committee Reports

1. Addictions and Mental Health Program Committee – Vice President Lance Grahn provided a brief overview of the meeting that took place March 5, 2024. Flying HIGH presented information on their program. They offer a wide range of services to their clients including vocational training and over 100 job placements this year. Grahn reminded the board that they can attend program committee meetings via Zoom.
2. Budget and Finance Committee – Treasurer Laura Green announced that the next meeting will be held on March 27, 2024 at 4:00 PM.
3. Administrative Committee – Rachel Nader provided a brief overview of the meeting that took place February 27, 2024. The Committee reviewed the Executive Director’s succession plan and travel expense policy. Rachel Nader recommended a motion to approve the policies be added under New Business.

Announcements/Community Partnerships/Information

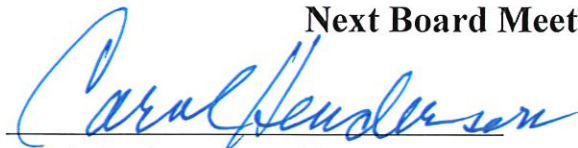
1. OACBHA – ED Caraway encouraged attendees to read the included article, “Supporting Mental Health of Black Children and Youth”

New Business

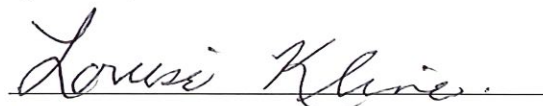
1. Charles Baldwin made a motion to approve the February 2024 Revenue and Expenditure Report held subject to audit. Laurie Perry seconded the motion, which passed unanimously.
2. Thomas Harwood made a motion to request the Trumbull County Commissioners authorize the placement of a countywide **One Mill 10 Year Renewal Levy** for the support of Mental Health and Recovery Services on the **November 2024 general election ballot**. Charles Baldwin seconded the motion, which unanimously carried.
3. The Addictions and Mental Health Program Committee recommends the Board of Directors appoint Andra Johnson and David McKinney, both employed by Coleman Health Services, and Candace Carlton and Daniel Horne, both employed by Hopewell Therapeutic Farm Community, as Health Officers, effective immediately. The Committee further recommends the Health Officer appointment of Daniel McGlothorn, formerly employed by Coleman Health Services, be canceled, effective immediately. Larry Pavone made a motion to accept this recommendation. Kevin Stringer seconded the motion which unanimously carried.
4. Rachel Nader made a motion for the board to accept the new Executive Director succession plan and amended travel expense policy submitted by the Administrative Committee. Louise Kline seconded the motion, which was unanimously carried.

With no other new business to conduct the meeting was Adjourned at 5:17 PM by a motion made by Kevin Stringer, seconded by Laura Green.

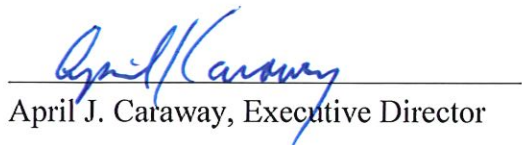
Next Board Meeting – April 16, 2024 at 4:30 PM




Carol Henderson, President



Louise Kline, Secretary



April J. Caraway, Executive Director



Date

